# More about Catch Up®

# Have other children used Catch Up®?

In total, nearly 500,000 children have been helped with their reading and maths using **Catch Up®**. Nearly all those children no longer need one-to-one help. They have caught up!



#### Will my child like Catch Up®?

YFS!!!

Children love **Catch Up**® because they quickly see how it helps them to get better at reading and maths. The sessions are fun because the child finds they can do the activities and that makes them feel good.

Most children want to do **Catch Up®** more than twice a week!

"It was very cool today because we worked against the clock and now I think it's easier with bigger numbers."

## Is there any Catch Up® homework?

There is no **Catch Up**® work to be done at home but your encouragement is a very important part of your child's success. Get involved! Ask your child what they did in their **Catch Up**® session that day. If they are doing **Catch Up**® **Literacy**, ask them about the book they were reading. If they're doing **Catch Up**® **Numeracy**, ask them which numeracy activity they were doing. They will be proud to tell you how well they are getting on.

**Catch Up**® is a great chance for your child to do just that – catch up. It can get them back on track with reading and maths skills.

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Information for parents and carers



# **Introducing Catch Up®**

#### What is Catch Up®?

**Catch Up®** is a way of helping children get better at reading and maths.

#### Why do some children need Catch Up®?

Some children find it difficult to get the hang of reading or maths. They do not make the same progress as other children in the class and that may make them feel fed up or not bothered about trying their best. These children need extra help. **Catch Up®** gives them the extra help they need to catch up with the rest of the class.



Catch Up is a not-for-profit UK registered charity (1072425) Catch Up is a registered trademark

Catch Up is a not-for-profit charity working to address the problem of underachievement that has its roots in literacy and numeracy difficulties.

# How will Catch Up® help my child?

#### How does Catch Up® help my child to catch up?

A Supporting Adult (a teacher or Teaching Assistant) at your child's school will work with your child on their own for **15 minutes twice a week**. In that time, the Supporting Adult will help your child to practise the reading or maths skills they are finding difficult.

Each **Catch Up**® 15 minute session follows the same pattern:

#### Catch Up® Literacy (reading)

3 minutes – Prepared reading 6 minutes – Child reads the book

6 minutes – Linked writing

#### Catch Up® Numeracy (maths)

3 minutes – Review and introduction

6 minutes – Numeracy activity

6 minutes – Linked recording

### How does the Supporting Adult know what help my child needs?

Before the Supporting Adult starts doing **Catch Up®** with your child, they will do some assessments to find out exactly what your child is finding difficult.

In **Catch Up® Literacy,** they will ask your child to read lists of words to see which ones they already know. This will help the Supporting Adult to decide what book level will be suitable for your child. The Supporting Adult will also find out how well your child can use phonics when reading, for example, can they blend the sounds of the letters to read a word? Then the Supporting Adult will look at your child's spelling and handwriting.

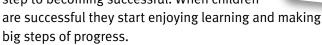
In **Catch Up® Numeracy,** they will ask your child to do some maths activities across a range of skills, including counting, counting objects and solving maths problems.

The results of the assessments in reading or maths will tell the Supporting Adult exactly what your child is struggling with. Then, when they start the **Catch Up®** 15 minute twice-weekly sessions, they will target those gaps in your child's knowledge.



# How will Catch Up® help my child?

Working on their own with an adult gives your child the chance to go over the things they find confusing. This helps your child to feel more confident in their skills in reading or maths, and feeling more confident is the first step to becoming successful. When children







"I used to hate reading
in class because I felt everyone
was laughing at me because I didn't
know simple words. Now I put my hand
up to read all the time."

# How long will my child be on Catch Up®?

Usually, children are on **Catch Up**® for 2-3 terms. In that time, their progress is carefully checked and the Supporting Adult decides when they no longer need **Catch Up**®.

## Will my child miss other lessons to do Catch Up®?

Schools plan the **Catch Up®** sessions for children so that they miss as little as possible of the lessons the other children are doing. Some schools take the children out from different lessons each week so they don't miss too much of the same teaching. Other schools choose times for **Catch Up®** such as Library time or Quiet Reading time. Ask your child's teacher how it will be organised in your school.

