



The Apple



The news from Isaac Newton School, Grantham

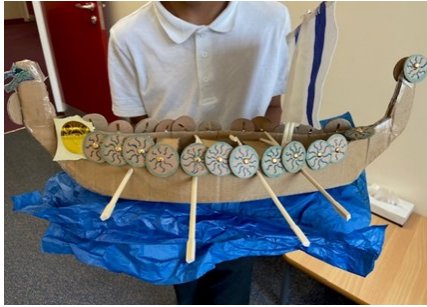
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Dear Parents/Carers,

The new term is now well and truly underway and the children have been working hard as always. It has been a real pleasure walking around school and seeing all of the amazing work that is going on. The children are clearly enjoying their new topics and their teachers have been planning some fantastic activities for them. I can't wait to see how much progress all the children will have made by the end of the term! The children's new topics are as follows:



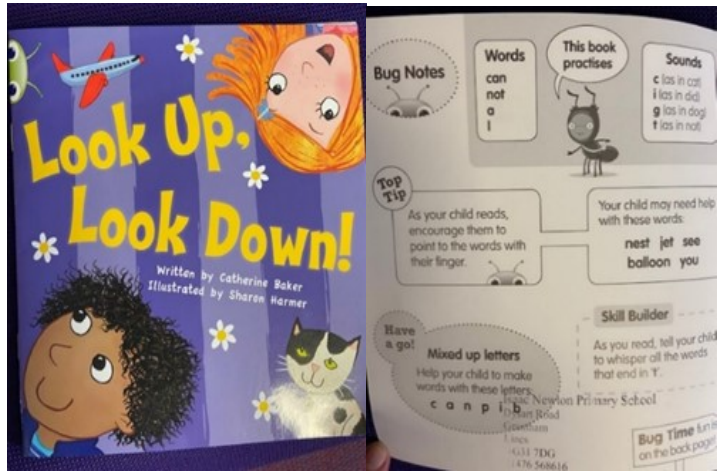
- EYFS: Let me tell you a story**
- Year 1: How can I help you?**
- Year 2: Time gone by**
- Year 3: Stone Age**
- Year 4: Dragonology**
- Year 5: Ancient Greeks**
- Year 6: Victorians**

Over the past three years we have made some HUGE improvements with the way in which we teach reading. We hope that many of our parents/ carers have noticed how much more fluent their children are and also that they understand more about what they have read.

To help us continue with our reading journey we need you to hear your child read at home as many times as possible...even in Year 6! We recommend that your child

reads AT LEAST 3 times per week. All children should now have been issued with their own school reading book and they should be bringing this home each day.

If your child has a phonics book (bug club) then don't forget to do the activities on the first page before they read. This will help them to practise the sounds and words that they will need for the story. These books are designed to be read **3 times** before they are changed. This helps children to develop their reading fluency and embed the phonics sounds that they have learnt.



If you would like to know more about how you can support your child at home with their reading or have any questions about reading books then please make sure you speak to your child's class teacher- they'll be happy to help!

Chris Heathcote

Headteacher

Halloween Discos

Halloween discos will take place on Thursday 21st October.

- Years 1 & 2: 4.30pm- 5.30pm**
- Years 3, 4, 5 & 6: 6.00pm- 7.15pm**

Tickets are £2 and are available from the school office. This includes a drink and a packet of crisps.



Family Bingo

Family Bingo will take place in the main hall on Tuesday 28th September from 3.30pm- 4.30pm. Tickets are £2 and are available from the school office. This includes a hotdog and a drink.



E-Schools App

Don't forget to download and log into our E-Schools App. After the October half term, many of our letters and updates (including the newsletter) will be going out via this app. If you require any support with setting this up or would like your login and password details then please contact the school office at enquiries@isaacnewton-cit.co.uk.



Bracelets, Jewellery & Earrings

There have been a number of children coming into school wearing jewellery that is not permitted in school. The only items of jewellery that children are permitted to wear are:

- **A watch**
- **A bracelet if this is related to a medical condition and has been agreed with the school.**
- **Plain stud earrings.**
- **A plain, simple bow, headband or hair fastening**

For health and safety reasons, children should NOT be wearing hooped even if these are plain. There have been many examples of children tearing their earlobes at school due to wearing hoops.

Should your child need to wear jewellery for religious reasons then please discuss this directly with Mr Heathcote or Mrs Pask so that the school are aware and can make adjustments for this.

We will be asking all staff to be extra vigilant regarding jewellery and children will be asked to remove items that are not part of the school uniform policy. Parents/ carers will also be contacted

Thank you for your continued support.

PGL Letter

A PGL letter has been sent out to Year 5 Parents/Carers in error. This should have been sent out to Year 6.



If you have a child in Year 5 then please ignore the PGL letter sent out. If you have already brought in a deposit then please come to the school office and we will refund this. Year 5 children will do a PGL half day visit later on in the year.

If you have a child in Year 6 then you should have received a letter explaining how you can secure a place for your child on our PGL residential in the summer term.

We apologise for any inconvenience or confusion caused.

After School Sports Clubs

We understand the difficulty that many parents/carers face with washing school PE kit in time for after school clubs. We will therefore allow children to wear non-school PE kit for after school clubs ONLY, if they wish. This can include football strips.

Children MUST continue to wear school PE for PE sessions during the school day and this does NOT include football strips. It's fantastic to see so many children in the correct school PE kit now so please let's keep up our high standards!

If you have any questions then please do not hesitate to speak to Mrs Atter or your child's class teacher.

Important Dates

Term 1:	Monday 6th September 2021 – Friday 22 nd October 2021
Oct 13th	Y2 Trip to Stibbington (9:00am—3:30pm)
Oct 18th	School Photographer
Term 2:	Tuesday 2 nd November 2021 - Friday 17 th December 2021
Term 3:	Wednesday 5 th January 2022 - Friday 11 th February 2022
Term 4:	Monday 21 st February 2022 - Friday 1 st April 2022
Term 5:	Tuesday 19 th April 2022 - Friday 27 th May 2022
Term 6:	Monday 6 th June 2022 - Friday 22 nd July 2022

The Diana Award definition of bullying is "repeated negative behaviour that is intended to make others feel upset, uncomfortable or unsafe." Cyberbullying is bullying which takes place online. It can involve anything from sending messages to posting offensive comments to uploading and sharing private or embarrassing photos. It is classed as an indirect form of bullying when compared to verbal or physical bullying, given it usually takes place through a digital device. However, for those experiencing bullying behaviour, the consequences can be just as serious and have far reaching effects.



What schools need to know about CYBERBULLYING

3 KEY ASPECTS OF BULLYING BEHAVIOUR

There are three key aspects of bullying behaviour, namely that it is repetitive, negative and intentional. These behaviours apply both offline and online. Cyberbullying can almost heighten these behaviours, particularly with access to the internet available 24/7 and the different ways in which those displaying bullying behaviour online can target others. The fact that they can also easily hide their identity online can make cyberbullying much more difficult to stop.



DIFFERENT DEVICES & CHANNELS

Cyberbullying can take place over any device connected to the internet which allows for two-way communication. This includes mobile phones, tablets, computers and even games consoles as it becomes more and more common for players to chat to other players whilst playing online. From a snapshot of 1,400 students surveyed by the Diana Award in 2018, 33% of young people admitted to have experienced bullying on social media, 11% via text message and 12% whilst online gaming.



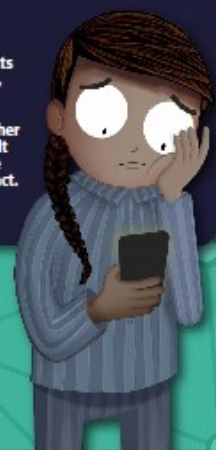
WHAT LEADS TO CYBERBULLYING

There is never any justification for cyberbullying and those who display bullying behaviour need to be held to account for their actions. Nonetheless, it can be useful to try and understand some of the factors that may lead young people into bullying behaviour. For example, family issues, personal difficulties and a lack of positive reinforcement may push some young children into bullying others as a form of coping mechanism. Similarly, those exhibiting bullying behaviour may blame their targets for provoking their behaviour in the first place or engage in bullying behaviour as a call for attention if they lack social skills or understanding. Others may view their position as dominant which makes themselves less vulnerable to being bullied or they replicate behaviour they have experienced themselves in the past.



SIGNS AND SYMPTOMS

Cyberbullying can affect anyone, at any time, at any place. The impacts of cyberbullying can be long-lasting and leave people feeling scared, anxious and lonely. Some of the more obvious signs that those experiencing bullying behaviour might show include weight loss, crying, mood changes, depression and regularly avoiding school. Other symptoms, which might be less obvious to spot and would be difficult to pick up on in isolation, may include changes in body language like hunched shoulders, walking slower or an inability to make eye-contact. In extreme cases, those experiencing bullying behaviour may have unexplained marks or scars which could be evidence of self-harm.



Tips For School Staff

TAKE A WHOLE SCHOOL APPROACH

In taking a whole approach towards cyberbullying, schools can cultivate a culture that relies on positivity and behaviour that is emulated by ALL members of the school community including staff, support staff, senior leaders, governors and parents and carers.



BUILD CONFIDENCE IN DEALING WITH INCIDENTS

This can be achieved by having clear knowledge of what constitutes bullying behaviour, having clear sanctions and courses of action and continually updating your knowledge of safety procedures regarding online and offline incidents.



USE CHILDREN AND YOUNG PEOPLE AS A RESOURCE

Ensure you understand what is influencing the behaviour of young people in your community. If schools know what their students are engaging with, it can be easier to develop and implement relevant and effective tactics / strategies to counter cyberbullying issues.



UNDERSTAND THE CAUSES OF BULLYING

As previously mentioned, sometimes those who are behind the bullying are in need of support just as much as those who are being targeted. In better understanding the cause of the issue, schools can better position themselves to tackle the problem and also adequately support both those displaying and experiencing the bullying behaviour. Taking a proactive approach means that schools can gear themselves to tackle issues specific to their school environment, rather than treating each case the same.



ENSURE ALL STAFF KNOW THEIR ROLES AND RESPONSIBILITIES

All staff have a role to play in educating and supporting children who are affected by cyberbullying, not just those responsible for safeguarding or online safety. Regular training, continuous professional development and clear school policies can help to empower staff in effectively managing any cyberbullying issues and in providing a united staff front on zero tolerance to all bullying behaviour.



In collaboration with

THE
DIANA
AWARD



Ask For Help



For further support, advice or guidance to support you students at school, or to sign up to The Diana Award's free Anti-Bullying Ambassadors training events, head to www.antibullyingpro.com

