



The Apple



The weekly news from Isaac Newton School, Grantham

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Dear Parents/Carer

There have been so many exciting things happening in school over the last two weeks. The children have been working exceptionally hard and we are really proud of them.

We have been talking to them about transition and moving on to the next year group (or school for year 6). This can be an unsettling time for them but we want to reassure you that we will do everything we can to prepare them. We have already begun preparations for next year. Staff have started discussing the children with colleagues to ensure that relationships are embedded quickly in September. We want all our children to continue feeling safe and happy coming to school. If you have any questions about transition, please speak to your class teacher or a member of the Senior Leadership Team.

We are continuing to focus be on our school value of Resilience where we will be encouraging the children to try their hardest in all aspects of school life. We encourage them to push themselves, in a safe nurturing environment and to feel it is ok to make mistakes, learn from them and improve.

Reminders

Please can I remind all parents again and carers about the importance of punctuality. Arriving late for school not only means your child will miss out on their learning, research has shown that children can feel anxious too. The missed work, will be difficult to catch up on so please make every effort to arrive between 8.50 – 9 am every day. If you are having difficulties getting your child to school, please contact us for support.

Transition arrangements

On Thursday 15th June we hosted our 'Starting School Parent Meeting.' Many thanks to Mrs Ellis for leading the meeting, and for sharing with our new parents important information about transition arrangements this term, and starting school in September. If you were unable to attend the meeting, we can share the PowerPoint Presentation. Please contact the school office on 01476 568616 or by emailing enquiries@isaacnewton-cit.co.uk.



Mrs Ellis
EYFS Teacher and
Early Years Lead



Mrs Fulcher
EYFS Teacher



Mrs McEvoy
EYFS Teacher

Mr D. Milner
Headteacher

Role Models at Isaac Newton



Librarians

Many thanks to Milena, Isabel, Nelson, Dalyla and Thomas for being brilliant Isaac Newton Role Models, in their essential Librarian roles. Every day, they take it in turns sorting the library books ensuring they are all organised properly so that the children can choose books quickly. They give up their playtimes to do this and we are so impressed with their positive attitude! Well done.

Litter Pickers

Many thanks must also go to Nicholas and Cody from Class 13 and to Tommy J and Starla-Rose. They regularly scour the field and playgrounds for litter that has been dropped by accident, or blown out of our bins. They help us enormously and keep the grounds at Isaac Newton looking smart and well presented, during their break times. Thank you for your support, we are very proud of you!

Dates For Your Diary:

20 th June	Year 5 Knipton Day
26 th June	Class 11 Belvoir Farm Day
27 th June	KS2 Meres Sports Day
28 th June	Class 12 Belvoir Farm Day
29 th June	Transition Afternoon
4 th July	EYFS and KS1 Sports Day
5 th July	Transition Morning
6 th July	Year 3 Roman Day (Theatre in school)
7 th July	Reports out to parents
19 th July	Year 6 Leavers Assembly (6:30pm)
21 st July	End of the academic year
4 th & 5 th September	INSET days (School closed for ALL pupils)
6 th September	Start of Autumn Term

Sports News

Last week we took a group of children to take part in the Mixed Cricket Tournament at Grantham Cricket Club. We were placed in a league with Barrowby and Malcolm Sargent. We played both schools and throughout both games the children improved in their bowling, batting and fielding skills. With one win and one loss, they were placed into a game against Allington. Unfortunately we lost this game, but were still placed in 6th place overall. Well done everyone for showing determination and commitment to your cricket skills!!



This week Inspire+ held their annual Mini Olympic Games. This takes place at the Meres Athletics Stadium and allows the children to take part in their very own Olympics! We represented Australia and proudly displayed our banner as we entered the stadium during the opening ceremony. Our Year 4 children experienced the day, which was full of sporting activities, including netball, dance, boxercise, freestyle football and squash. The children had a fantastic time, they even got to meet some real sporting Olympians, including Dai Greene and Joe Roebuck! A huge well done to everyone for taking part and a special thank you to Mrs Clark and her team of helpers for making an amazing banner, which even made the Grantham Journal coverage!



On Thursday we took a team to take part in the Grantham Year 5/6 Tennis Tournament at Grantham Tennis Club. The children have been very lucky to receive expert coaching from Lewis from the Tennis Club over lunchtimes and were prepared for the games they were about to play. The children improved on their tennis skills throughout the afternoon and were a real credit to our school. Well done to you all, we are very proud of you!!



Enrichment Trips at Isaac Newton Year 2 Ferry Meadows



Year 2 are learning about habitats in Science. During their visit to Ferry Meadows, they did activities in a woodland habitat such as a bug hunt and used a quadrat grid. The children did pond dipping and caught some interesting creatures - a frog, pike and a water boatman. They also explored a meadow habitat where they looked for different types of leaves. They all had a fabulous time!

Year 5 Burghley House, Tudor Day

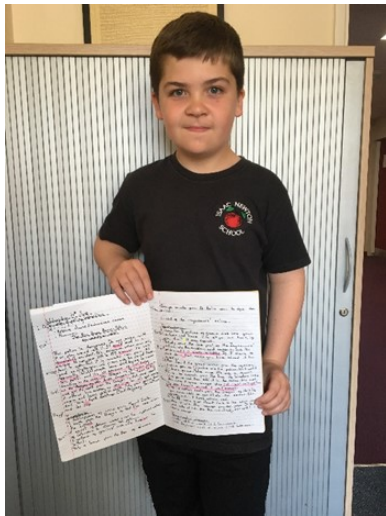
On Tuesday 13th June Year 5 went to Burghley house to learn more about the Tudors. Here they met King Henry VIII and learned about his life including how he wasn't supposed to be king, had six wives in a desperate attempt to secure a male heir and that when he was older he had become so fat that he needed servants to dress and move him before dying at the age of 55. They also had a tour around the house before looking at the types of food the Tudors ate, the strict table etiquette and how many rich Tudors had black teeth due to eating too much sugar. They ended the day by making Tudor Pockets to store our Tudor coins.

Many thanks to all the staff who planned and helped out with both these enrichment visits!



Excellent work in school – children showing resilience

A phenomenal set of instructions on the use of 'Bim Bang Boom-Potion! Harry Potter themed work with sensational descriptive language and a really useful top tip! Well done Charlie T, we are very proud of you!



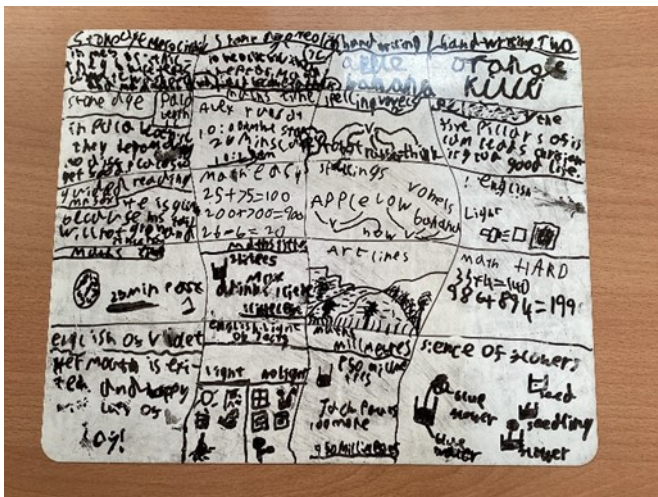
Emotional art work

Year 6 have been doing Emotional Art this week. We are so impressed with their 'Soulless and Trapped' themed art work. Well done Lucy and Daniels, amazing work!



Retrieval work

Milans' excellent retrieval work. This was done independently and shows how much he has remembered this year. Well done, so impressive!



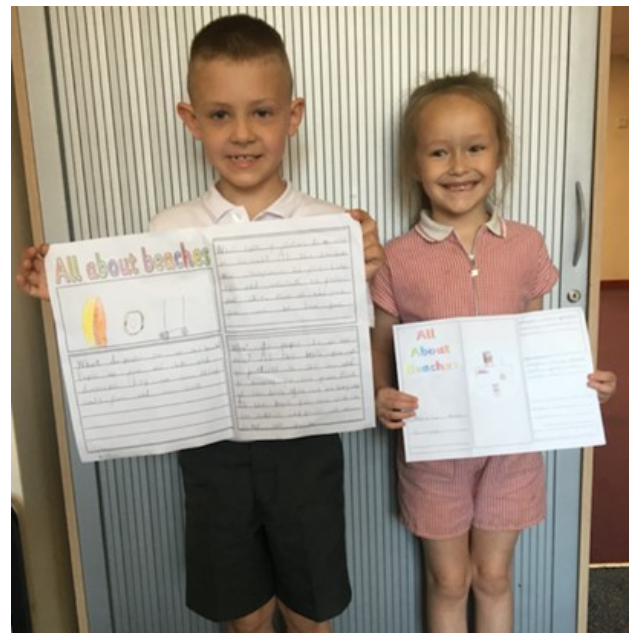
Year 3 Science work

Science topic. We decided against using silver foil because this would make them opaque and useless. We wouldn't be able to see out of them. Instead we opted for a translucent material to protect our eyes from the sun.



Year 1 Information Leaflets

Herkus and Amelia-Rose produced some fantastic information booklets all about beaches. They linked this with history and compared modern beaches with how they were in the past!



Safeguarding Update

As a school community we must remember that keeping our children safe is everyone's responsibility. We always appreciate your support and thank you for reporting concerns when you see or hear of incidents outside school.

Online safety

National Online Safety produce online help guides known as #wakeupewednesday to keep children safe online. This week, we are focussing on healthy on-line habits.

Everyone has so much going on in their lives, and that includes children: from exams and deadlines to anxiety and mental health struggles. It's quite easy to send memes, make jokes and vent online about the things that irritate us, but when was the last time you – or your child – took a moment to share something kind or positive instead? It is so important to think carefully about your family's on-line activities. To help keep them safe and teach them healthy on-line habits, we need to develop our children's resilience. There are lots of ways that children can become more digitally resilient. Have a look below!

Top Tips for Adopting SAFE & HEALTHY ONLINE HABITS

Everyone has so much going on in their lives, and that includes children: from exams and deadlines to anxiety and mental health struggles. It's quite easy to send memes, make jokes and vent online about the things that irritate us, but when was the last time you – or your child – took a moment to share something kind or positive instead? In fact, when did you last stop and think about your family's online activities? To help keep them safe and teach them healthy online habits, we need to develop our children's digital resilience. There are lots of ways that children can become more digitally resilient, and we've pulled together some popular strategies here...

WHAT IS DIGITAL RESILIENCE?

Resilience doesn't mean being so tough that nothing gets to you, and it's not about "putting up with things" either. Instead, it's the ability to recover from setbacks. Everyone feels sad, worried, scared or upset at times: it's how we respond and adapt to those situations which is important. Digital resilience is about making choices that keep us safe and happy online, even when we're exposed to something negative or upsetting. Building your child's digital resilience will help reduce the impact of potential risks as they engage with and navigate around the online world.

REACH OUT FOR SUPPORT

- If you have a problem online, don't be afraid reach out to specialist people or organisations that could help.
- Follow people on socials who have the same values and morals as you.
- You could always talk to a friend, or a trusted adult like a teacher or family member for some advice.

PUT SAFETY FIRST

- If you see something online that upsets or worries you, tell a trusted adult about it as soon as possible.
- You could also report the content that's making you feel uncomfortable to the site or app that you saw it on, so they can look into it.
- Another option is to block the person or the account that's causing you a problem – or you could go one step further by totally deleting the app you were using.

MAKE POSITIVE LIFESTYLE CHOICES

- Make time for the people and things that make you happy.
- Monitor your screen time and stick to your limits.
- On social media, follow people that make you feel good about yourself – and unfollow the ones who don't.
- Spread some positivity: post good reviews, leave encouraging comments and share good news.

KEEP YOUR HEALTH IN MIND

- Try to factor in regular breaks offline and away from your screen – ideally, outdoors for some revitalising fresh air.
- Exercise is a brilliant stress-buster: even a walk around the block, a bike ride or a stroll to your local shop can really work wonders.
- Be strict with yourself about putting devices away in plenty of time before bed: they can interfere with a good night's sleep, which is essential for staying healthy.

GET THINGS CLEAR IN YOUR HEAD

- Ask yourself what kindness online actually looks like. Can you remember the last time someone was kind or supportive towards you online? What did they do?
- Think about how it makes you feel when someone sends you a positive or funny message online.
- What about the opposite: has someone ever been deliberately unkind to you online? What did they do and how did it make you feel?
- If someone's behaviour online is causing you stress, try to remind yourself of all the steps you can take if a person's being unkind online.

Meet Our Expert

Caitley Augustine is a registered counsellor with the Health Professions Council of South Africa, working in private practice to offer counselling to children, teenagers and young adults. She is the founder of Engage Support, a mobile app focusing on mental health awareness with the goal of providing resources and solutions to schools worldwide.

National Online Safety
#WakeUpWednesday

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National Online Safety have now produced an app with lots of useful advice, support and guides around being safe online. Find out more by going to <https://info.nationalonlinesafety.com/mobile-app>