



Your Lunch menu

	Monday 29th Oct	Tuesday 30th Oct	Wednesday 31st Oct	Thursday 1st Nov	Friday 2nd Nov
Option 1	Bacon & Tomato Pasta	Simpsons Lincolnshire Beef Burger, Fresh Bread Roll & Ketchup	Roast Beef & Roast Potatoes	BBQ Chicken Strips, Tortilla Wrap & Rice	MSC Breaded Fish Fingers & Potato Wedges
Option 2					
Option 3	Mild Mixed Bean Chilli & Rice	Cauliflower Cheese Bake	Stuffed Pepper	Quorn Bolognese Pasta	Pasta Bows in Tomato Sauce & Crusty Bread
	Served with Mixed Salad	Served with Baked Beans & Cucumber Sticks	Served with Mixed Vegetables	Served with Mixed Vegetables	Served with Peas
Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Option 5					
	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert	Vanilla Ice Cream, Banana & Chocolate Sauce	Raspberry Jelly	Butterscotch Cookie & Fruit Pieces	Sticky Toffee Pudding	Raspberry Jelly & Ice Cream

or Yeo Valley Organic Yogurt or Fresh Fruit

	Monday 5th Nov	Tuesday 6th Nov	Wednesday 7th Nov	Thursday 8th Nov	Friday 9th Nov
Option 1	Sizzling Sausage in a Fresh Bread Roll & Ketchup	Beef Cottage Pie	Sliced Gammon Ham & Mashed Potato	Roast Chicken	MSC Breaded Fish Cake & Potato Wedges
Option 2					
Option 3	Crackling Quorn Sausage in a Fresh Roll & Ketchup	Vegetarian Cottage Pie	Quorn Burger in a Fresh Roll, Cheese & Ketchup	Butterbean & Vegetable Crumble	Vegetable Lasagne & Crusty Bread
	Served with Spaghetti Hoops & Mixed Salad	Served with Mixed Vegetables	Served with Baked Beans	Served with Roast Potatoes & Mixed Vegetables	Served with Sweetcorn
Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Option 5					
	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert	Sticky Toffee Pudding	American Style Pancake & Ice Cream	Apple Crumble & Custard	Chocolate Brownie	Flapjack

or Yeo Valley Organic Yogurt or Fresh Fruit





Celebrating National School Meals Week

LACA NSMW 2018



Remembrance Day

Roast Dinner Day

Children in Need

	Monday 12th Nov	Tuesday 13th Nov	Wednesday 14th Nov	Thursday 15th Nov	Friday 16th Nov
Option 1	Lincolnshire Sausage, Yorkshire Pudding & Mashed Potato	Cheese & Tomato Pizza & Crispy Diced Potatoes	Roast Turkey & Mashed Potato	Beef Lasagne	Southern Style Chicken Poppers
Option 2					
Option 3	Macaroni Cheese & Garlic Bread	Cheese & Potato Pie	Mild Chickpea Curry & Rice	Quorn Meatball Pasta	Cheese & Tomato Quiche
	Served with Mixed Vegetables	Served with Baked Beans	Served with Mixed Vegetables	Served with Mixed Salad	Served with Potato Wedges, Peas & Ketchup
Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Option 5					
	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert	Ginger Cake	Fresh Fruit & Cherry Shortbread	Oat Cookie	Strawberry Jelly & Apple Slices	Children in Need Chocolate Cupcake

or Yeo Valley Organic Yogurt or Fresh Fruit



Your Lunch menu

	Monday 19th Nov	Tuesday 20th Nov	Wednesday 21st Nov	Thursday 22nd Nov	Friday 23rd Nov
Option 1	Pasta Bows in Creamy Tomato Sauce with Garlic Bread	Mega Mild Chill Beef with Rice & Tortilla Wrap	Simpsons Lincolnshire Beef Burger in a Fresh Roll, Cheese & Ketchup	Roast Chicken	MSC Breaded Fish Cake, Ketchup & Potato Wedges
Option 2					
Option 3	Cauliflower & Broccoli Bake	Cheese Filled Potato Shells	All Day Veggie Breakfast (Sausage, 1/2 Grilled Tomato, Baked Beans, Bread & Butter)	Quorn Sausage Casserole	Sweet Potato, Spinach & Butterbean Casserole
	Served with Mixed Salad	Served with Mixed Vegetables	Served with Baked Beans	Served with Mashed Potatoes & Mixed Vegetables	Served with Peas
Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Option 5					
	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert	Banana & Hot Chocolate Custard	Chocolate Cookie	Jam Doughnut Muffin	Lemon Drizzle Rice Crispy Squares	Chocolate Mousse & Melon Wedge

or Yeo Valley Organic Yogurt or Fresh Fruit



Your Lunch menu

	Monday 26th Nov	Tuesday 27th Nov	Wednesday 28th Nov	Thursday 29th Nov	Friday 30th Nov
Option 1	Cheese & Tomato Pizza & Crispy Diced Potatoes	All Day Breakfast (Sausage, Bacon, Baked Beans & Bread & Butter)	Roast Turkey & Mashed Potatoes	Spaghetti Bolognese	Southern Style Chicken Poppers
Option 2					
Option 3	Cheese & Leek Pasta Bake	Quorn Sausage Hot Dog, Ketchup & Mixed Salad	Vegetable Stir Fry & Noodles	Mexican Bean Wrap	Quorn Meatball Skewer
	Served with Spaghetti Hoops & Mixed Salad	Served with Baked Beans	Served with Mixed Vegetables	Served with Mixed Vegetables	Served with Potato Wedges, Sweetcorn & Mayonnaise
Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Option 5					
	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert	Peaches, Ice Cream & Strawberry Sauce	Vanilla Sponge & Custard	Orange Jelly	Iced Chocolate Cake	Tutti Frutti Cookie & Satsuma Pieces

or Yeo Valley Organic Yogurt or Fresh Fruit



Your Lunch menu



	Monday 3rd Dec	Tuesday 4th Dec	Wednesday 5th Dec	Thursday 6th Dec	Friday 7th Dec
Option 1	Bacon & Tomato Pasta	BBQ Chicken Strips, Tortilla Wrap & Rice	Roast Beef & Roast Potatoes	Lincolnshire Sausage, Fresh Bread Roll & Ketchup	MSC Breaded Salmon Fish Cake & Potato Wedges
Option 2					
Option 3	Mild Mixed Bean Chilli & Rice	Quorn Bolognese Pasta	Stuffed Pepper	Cauliflower Cheese Bake	Pasta Bows in Tomato Sauce & Crusty Bread
	Served with Mixed Salad	Served with Mixed Vegetables	Served with Mixed Vegetables	Served with Baked Beans & Mixed Salad	Served with Peas
Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Option 5					
	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert	Strawberry Mousse & Melon Wedge	Melting Chocolate Pudding	Butterscotch Cookie & Fruit Pieces	Jam Sponge & Custard	Chocolate Cracknel

or Yeo Valley Organic Yogurt or Fresh Fruit



Your Lunch menu



Your Lunch menu



	Monday 10th Dec	Tuesday 11th Dec	Wednesday 12th Dec	Thursday 13th Dec	Friday 14th Dec
Option 1	Cheese & Tomato Pizza	Roast Chicken	Chicken Burger in a Fresh Roll with Cheese & Mayonnaise	Beef Cottage Pie	MSC Breaded Fish Cake & Potato Wedges
Option 2					
Option 3	Cheese & Tomato Omelette	Butterbean & Vegetable Crumble	Quorn Burger in a Fresh Roll, Cheese & Ketchup	Vegetarian Cottage Pie	Vegetable Lasagne & Crusty Bread
	Served with Crispy Diced Potatoes, Spaghetti Hoops & Cucumber Sticks	Served with Mashed Potatoes & Mixed Vegetables	Served with Baked Beans	Served with Mixed Vegetables	Served with Sweetcorn
Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Option 5					
	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert	Vanilla Ice Cream, Banana & Caramel Sauce	Carrot Cake	Apple Crumble & Custard	Chocolate Brownie	Flapjack
or Yeo Valley Organic Yogurt or Fresh Fruit					

	Monday 17th Dec	Tuesday 18th Dec	Wednesday 19th Dec	Thursday 20th Dec	Friday 21st Dec
Option 1	Beef Lasagne	Sweet & Sour Chicken & Egg Rice	Christmas Lunch! Option 1 Roast Turkey and Trimmings Option 3 Christmas Loaf Served with Roast Potatoes and seasonal mixed vegetables Dessert: Chocolate Christmas Cupcake	MSC Breaded Fish Fingers & Potato Wedges	Spaghetti Bolognese
Option 2					
Option 3	Baked Bean Lasagne	Cheese & Tomato Pizza & Potato Wedges		Macaroni Cheese & Garlic Bread	Quorn Sausage in a fresh roll & ketchup
	Served with Mixed Salad	Served with Mixed Vegetables		Served with Peas	Served with Mixed Salad
Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings		Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Option 5					
	Served with Mixed Salad	Served with Mixed Salad		Served with Mixed Salad	Served with Mixed Salad
Dessert	Strawberry Jelly & Apple Slices	Marble Sponge Cake		Chocolate Cracknel	Peaches & Custard
or Yeo Valley Organic Yogurt or Fresh Fruit					