



# The Apple



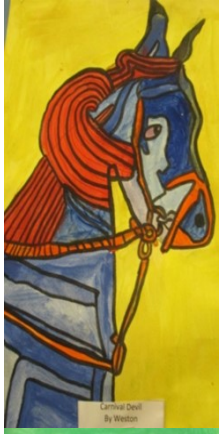
*The news from Isaac Newton School, Grantham*

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Dear Parents/Carers,



Unfortunately I am still working from home following a shoulder operation. I had really hoped that I would be back in school on Monday however I am still unable to drive for at least another two weeks! I will remain optimistic though and am very much hoping that I will be able to return to school on Monday 7<sup>th</sup> March. I can't wait to see all of the children again!

To cheer me up, Miss Jones and Class 14 sent me some pictures of their amazing artwork. They have been studying Henri Matisse and the use of complementary colours. They have made a fantastic display and I really enjoyed looking through all of the pictures of their work. Well done everyone!

In wider news, we have seen the lifting of all COVID-19 restrictions across England as we are now under the guidance for

'Living with COVID-19'. A letter has gone out to all parents/ carers today via E-Schools. A copy of this can also be found on our school website. It is really important for everyone to read this letter so that you are up-to-date with current procedures within school.

I understand that some of you may be anxious about the lifting of measures. As always, if you ever have any worries or concerns then please do not hesitate to get in touch with either Myself, Mrs Pask or Mrs Beeby. At Isaac Newton the safety and wellbeing of our school community is always of the upmost importance!



Chris Heathcote

Headteacher

## Living with COVID-19

On Monday 21 February, the Prime Minister announced the removal of measures put in place during the COVID-19 pandemic as we learn to live with the virus. This came into effect from Thursday 24<sup>th</sup> February.

Although no longer a legal requirement, adults and children who test positive for COVID-19 are being advised to stay at home and avoid contact with other people for at least 5 full days and then continue to follow the guidance until they have received 2 negative test results on consecutive days. This is the case up until 10 days of isolation. **We will continue**

**to provide remote learning for pupils who are isolating due to a confirmed case of COVID-19.**

If your child has any of the main symptoms or a positive test result, the public health advice remains unchanged and is to **stay at home and avoid contact with other people.** Anyone with any of the main COVID-19 symptoms should order a test and is advised to stay at home while waiting for the result.

**Please do not send your child to school if they have tested positive for or have one of the main symptoms of COVID-19. Please continue to follow public health advice.**



**HIGH  
TEMPERATURE**



**NEW  
PERSISTENT  
COUGH**



**LOSS OF  
SMELL**



**LOSS OF  
TASTE**

### Indoor Athletics

Well done to our indoor athletics team who finished in 2<sup>nd</sup> place at the Grantham competition before half term. They received a silver medal for their efforts and we are all very proud of them. A special thank you to Mrs Walker and Laura who put in lots of time and effort to make sure the children were race ready. The logistics of organising a team for this event is very tricky. The children are very lucky to have you both!!



Following on from this local competition, the first weekend of the half term break saw the Regional County Finals for Sportshall Indoor Athletics. This year Isaac Newton had 5 children representing the county in the u11 squad. They competed in a variety of events, including obstacle relay, under and over, balance tests and speed bounce. They had a fantastic day, competing, watching and supporting their county team. This is a fantastic achievement, to be selected to represent Lincolnshire in a team of 30 children. We are hugely proud of you all, you wore your Lincolnshire t-shirts with pride.



### House Sports

Children in Year 6 have been taking part in their annual inter house netball and football tournaments. Each house plays each other, with points scored for wins, draws and losses. Much fun was had by all and a real improvement on their skills and tactics of the game were seen throughout the afternoon. The winning house for Football were Saunders and for Netball Robertson were victorious. Well done Year 6!

### Swimming Gala

The Grantham Schools Swimming Gala took place before the half term break. We entered a team of 14 children from Years 3-6 who took part in races including front crawl, breast stroke, backstroke and relays. The races got under way and the children showed wonderful swimming skills, whilst supporting and cheering each other on. A special mention must go to Fabian K who was outstanding, his swim club training really paying off!! We are so pleased to announce we were crowned Winners of the Relay Events, with a new trophy to show for it and Runners Up in the

overall competition!! We have never won a Swimming trophy before, which shows just how fantastic this achievement is!! Well done each and every one of you for competing and making us all incredibly proud!



### Comic Relief

Comic Relief takes place on Friday 18<sup>th</sup> March. To raise money for this great cause we will allow children to wear 'something red' on that day in return for a donation of between 50p and £1. Please ensure that children are in normal school uniform apart from their one red item.



Children are also welcome to wear red noses, boppers and other comic relief related items in addition to this. Here's a picture of some of our children from way back in 2019!

### Respect Online

We have dealt with a number of incidents recently where children are not being respectful to each other online whilst using devices at home. One of our school values is respect and this is very important to us! Attached to this newsletter is a parent guide about respect online. Please can you support us by reading this and having conversations with your child at home about appropriate behaviour online. We would strongly recommend that you regularly check and monitor what your child is doing and accessing online, this includes on their mobile phones.

### World Book Day

World Book Day will be on Thursday 3<sup>rd</sup> March. We are inviting all of the children to come into school dressed as their favourite character from a book. We are also running a book in a jar/ bottle competition. We've seen some fantastic designs already! Please ensure that your child has brought in their entry by Thursday so that Mrs Pask can judge the entries and decide upon winners from each year group!



### Supermarket Vouchers

£40 supermarket vouchers (per child) for families who are eligible for free school meals (pupil premium) will be provided for the Easter holidays. These will be sent to families via email as soon as they are confirmed.



Only families who are recorded as eligible by Friday 25<sup>th</sup> February will receive vouchers. Families who become eligible after that will not receive a voucher on this occasion. If you think that your child may be eligible for free school meals (pupil premium) and they are not currently registered then please get in touch with the school office as soon as possible so that you do not miss out on future vouchers.

Your child may be able to get free school meals if you get any of the following:

- Income Support
- income-based Jobseeker's Allowance
- income-related Employment and Support Allowance
- support under Part VI of the Immigration and Asylum Act 1999
- the guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)

### Safeguarding

Should you have any concerns regarding the safety or wellbeing of a child then you should report this immediately. You can report this to the school or directly to Children and Young People's Services (Social Services).

### **Children and Young People's Services Emergency Contact Information Lincolnshire:**

During Office hours contact the Children Services Customer Service Centre (CSC) on 01522 782111. Email: [lscb@lincolnshire.gov.uk](mailto:lscb@lincolnshire.gov.uk).

Out of Office Hours (24-hours) contact the Emergency Duty Team (EDT) on 01522 782333.

The Designated Safeguarding Lead in school is Mrs Beeby. Safeguarding concerns can also be reported to Mr Heathcote or Mrs Pask who are the Deputy Designated Safeguarding Leads.

#### **Important Dates**

|                   |   |
|-------------------|---|
| <b>Term 4:</b>    | Monday 21 <sup>st</sup> February 2022 - Friday 1 <sup>st</sup> April 2022 |
| <b>3rd March</b>  | World Book Day  |
| <b>9th March</b>  | Y6 Trip- The Deep   |
| <b>14th March</b> | Y2 Partake Theatre Workshop (In School)                                   |
| <b>16th March</b> | Y3 Peterborough Museum  |
| <b>18th March</b> | Comic Relief  |
| <b>25th March</b> | Y5 ½ day PGL  |
| <b>30th March</b> | Class Photo Day   |
| <b>30th March</b> | Parents Evening   |
| <b>31st March</b> | Parents Evening   |
| <b>Term 5:</b>    | Tuesday 19 <sup>th</sup> April 2022 - Friday 27 <sup>th</sup> May 2022    |
| <b>12th May</b>   | Y4 Stibbington  |
| <b>Term 6:</b>    | Monday 6 <sup>th</sup> June 2022 - Thursday 21 <sup>st</sup> July 2022    |
| <b>15th June</b>  | Y6 Trip- Yorkshire Sculpture Park   |
| <b>21st June</b>  | Y5 Gainsborough Hall  |
| <b>28th June</b>  | Y1 Skegness   |
| <b>29th June</b>  | Y6 PGL  |



# 10 Top Tips for Respect Online: A DIGITAL WORLD FOR EVERYONE

Even before lockdowns inflamed the situation, one in every five 10- to 18-year-olds was experiencing bullying online: abusive messages, having rumours spread about them or being excluded from group chats, for example. Through smartphones and tablets, we're used to being able to communicate from anywhere, at any time – but digital devices became commonplace so quickly that it caused a problem: as a society, we haven't properly adjusted to how different they've made life. Our tips can help you to build positive relationships online and avoid some of the potential issues.

## WHAT IS NETIQUETTE?

Netiquette is a set of rules to help us interact with others: like a code of respect. People follow this code every day (usually without even thinking about it) and it can help us decide how to act in certain situations. "Netiquette" (etiquette on the net – we ask what they did there!) is the same, except it's designed to help us interact with others online, which is sometimes a whole different ball game.

### 1 SEE THE OTHER SIDE

Usually when we're online, we can't see the other person's body language or tone of voice to give us clues about what we can say to them, or how to say it. Try to think about the situation might be like for them, how they're feeling and whether we'd say the same thing if they were actually there with us.

### 2 HIT THE PAUSE BUTTON

Without a person physically there in front of us, it's easy to send something quickly – before we've really thought about whether it's helpful or kind. Just because we can do things quickly doesn't mean we should. It's better to pause for a second and think it through, instead of simply reacting.

### 3 MIND YOUR LANGUAGE

People have invented loads of different ways to communicate online (emojis, abbreviations like LOL, TBH and so on). Some of these can be derogatory to other people (such as using caps so it looks like you're shouting), so it's important to stay aware of the style of language you're using.

### 4 BE SURE BEFORE YOU POST

On social networks like Instagram or Facebook, vast numbers of people might see what you've posted. So if that's something negative about a person, it can feel hugely painful for them. If you're ever tempted to post something like that, ask yourself "do I really need to go public with this?"

### 5 PROTECT YOURSELF

Always think very carefully before sharing any personal information with someone else or in a group. Once something's been put online, the sender loses any control over where it goes and who might see it. If you've got any uncertainty at all, it's a good idea to talk to a trusted adult about this first.

### 6 KINDNESS IS CATCHING

Negative communication can spread rapidly online, but so can being kind and helpful (this happened quite a lot during lockdown, for instance). A friendly, positive message can make a big difference to someone as well as helping us feel good about ourselves – so share the love!

### 7 WAITING CAN BE HARD

When we've sent a message or posted something online, waiting for a reply or for someone to respond can make us anxious. It would be helpful to think whether you really have to message or post right now – or if you could wait until a better time when it will cause you less anxiety.

### 8 THE NET LOVES ATTENTION

Most apps, games and sites use sophisticated technology that's designed to keep us coming back for more. It's important to keep this in mind when you feel the need to reach for your phone, tablet or console – once we understand this fact, it becomes easier to control how we use our digital devices.

### 9 REPLY WISELY

Sometimes it's tempting to fire back an instant response to a post or message we don't like. How we respond is important, however – whether we reply privately to the person or on a platform where lots of people will see it, for example, makes a big difference to how whoever is receiving the message will deal with it.

### 10 FORGIVE AND FORGET

Even though we try to avoid them, mistakes can – and do – happen online. They can sometimes feel like a bigger deal than they actually are. It's important to remember that we're all only human, and sometimes we mess up. Learn to forgive others and – just as importantly – to forgive yourself.

## Meet Our Expert

Dr Carole Francis-Smith is an experienced counselling psychologist who, through her research, specialises in promoting safe and ethical online communication. She consults with businesses and organisations to support positive and effective communication online, often by considering some of the more hidden aspects of the medium.



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