

Literacy

Non-Fiction: Create a guide to being healthy. Write instructions for making a healthy meal.

Narrative: Sequencing events from stories. Writing own stories based on books about food and keeping healthy.

BIG BANG:

Roots To Food
Activity Day

Numeracy

Place value, ordering numbers, number facts, addition and subtraction strategies, problem solving.

Science

Investigate parts of the human body and their purpose. Discover which foods are healthy and what a balanced diet is. Explore the importance of exercise.

Investigate the purpose of teeth and how to look after them.

**PSHE**

Discuss the importance of being a friend and thinking of others.

Art and design

Explore the work of artist Paul Cezanne. Create own paintings and drawings of fruit and vegetables in this style.

Print and create collages using fruit and vegetables.

Final Product:

Take part in KS1
Fit and Healthy
Day.

ICT

Research exercise and healthy eating facts.

Develop basic computing skills.

RE

Explore the Harvest Festival-
Christian and Jewish.

PE

Music and movement: Create a short
keep fit sequence of movements.

Also: Football, Rugby, Netball.

DT

Design and make a healthy
meal.