

### Curriculum Map – PE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Skills – movement/ balancing	Catching, movement/ balancing	Movement/ throwing/ aiming	Movement/ throwing catching/ aiming	Throwing/ aiming/ balancing objects	Throwing/ aiming/ balancing objects (Sports Day)
Year 1-2	Skills – basic throwing/ catching  Netball/ Football/Real PE	Skills – balancing/ movement  Athletics/ Real PE	Skills – Balancing/ Movement/ Jumping  Gymnastics – key steps/ Real PE/ Real Gym	Skills – Throwing/ catching/ movement/ co-ordination  Rugby/ Hockey/ Real PE/ Real Gym	Skills – throwing/ catching/ hitting/ aiming  Tennis/ Cricket/ Real PE/ Real Gym	Skills – throwing/ catching/ hitting/ aiming  Rounders/ Athletics/ Real PE/ Real Gym
Year 3-4	Skills - co-ordination/ throwing/ catching  Football/ Netball/ Rugby/ Real PE	Skills – co-ordination/ throwing/ catching  Indoor Athletics/ Netball/ Hockey/ Real PE	Skills – stamina/ fitness/ jumping/ throwing/ catching/ control  Indoor Athletics/ Hockey/Football/ Netball/ Real PE	Skills – throwing/ catching/ movement/ co-ordination  Hockey/ Rugby/ Cricket/ Real PE	Skills – throwing/ aiming/hitting/ catching/ co-ordination  Rounders/ Cricket/ Real PE	Skills – stamina/ fitness/ jumping/ throwing/ aiming/ hitting  Tennis/ Athletics/ Rounders/ Real PE
Year 5-6	Skills – co-ordination/ throwing/ catching  Football/ Netball/ Rugby/ Real PE	Skills – co-ordination/ throwing/ catching  Indoor Athletics/ Netball/ Hockey/ Real PE	Skills – stamina/ fitness/ jumping/ throwing/ catching/ control  Indoor Athletics/ Netball/Football/ Hockey/ Real PE	Skills – throwing/ catching/ movement/ co-ordination  Hockey/ Rugby/ Cricket/ Real PE	Skills – throwing/ aiming/hitting/ catching/ co-ordination  Rounders/ Cricket/ Real PE	Skills – stamina/ fitness/ jumping/ throwing/ aiming/ hitting  Tennis/ Athletics/ Rounders/ Real PE

Mondays, Tuesdays and Thursdays – Zumba Dance session